



bringing cutting edge education
to all members of the adoption and
foster constellation year after year

CALIFORNIA ADOPTION CONFERENCE

KEYNOTES

November 5th 2021



Bryan Post, Ph.D. in Social Work, is a child behavior expert and founder of the Post Institute for Family-Centered Therapy. The Post Institute works with adults, children and families struggling with early life trauma and the impact on the development of the mind/body system. A renowned clinician, lecturer, and author, Bryan specializes in a holistic family-based treatment approach that addresses the underlying interactive dynamics of the entire family. Bryan has developed a new paradigm of parenting which he calls The Stress Model in direct opposition to traditional parenting and societal behavior modification programming Bryan himself grew up in foster care before he was adopted.

Understanding Trauma and Behavior in Adopted Children

Bryan will discuss how the adoptive experience shapes the brain of the adopted child leading to heightened sensitivity, fearfulness, and genius. Bryan speaks to parents about the challenges they face when dealing with behaviors that are often present for adopted children. He helps parents understand the impact of early life trauma and the impact of interruptions in the attachment process. Bryan's straightforward, clear-cut approach has created peace and healing for hundreds of families; families who once operated in fear are now experiencing love.

November 6th 2021



Sharon Kaplan Roszia, M.S., is an internationally known trainer and author who helped pave the way for open adoption practice believing in keeping connections over time. She has been devoted to her work in adoption and foster care since 1963 and is also a parent by birth, adoption, and foster care. She has co-authored two books on open adoption, *The Open Adoption Experience* and *Cooperative Adoption* and most recently released her third book, *Seven Core Issues in Adoption and Permanency*. She is co-author and master trainer of Kinship Center's ACT: An Adoption and Permanency Curriculum for Child Welfare and Mental Health

Professionals. Sharon is a consultant for the National Center on Adoption and Permanency, lectures nationally and still sees clients.

Seven Core Issue in Adoption and Permanency

Adoption, foster, and kinship care are important resources for addressing the needs of children in crisis. Families built through foster, kinship care, and adoption represent bitter sweet forms of family building as they incorporate the joys and pain of both loss and gain. All members of the adoption/permanency constellation—which include adopted persons, birth/first parents, permanent parents, and extended family—experience lifelong intergenerational losses and complexities. Sharon will discuss the seven core issues and their accompanying tasks that help constellation members better understand how the experience of adoption/permanency has impacted their life and relationships. Using this unifying lens enables everyone to better address the complex challenges and feelings that adopted children often experience throughout the various stages of development.

